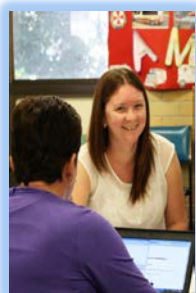


## What people say about Uni4You:

*"I was no good at school and hadn't studied for years. Now I have an idea. I want to do something for me"*

*The weekly support group gave me confidence when I had none, everyone was there for the same reason so I never felt 'out of place' or alone"*



***"Uni4You helped me make life changing decisions for myself and my family"***

*"It's what kept me going, the reassurance and knowing help was there, even if I needed to bring my children I knew I'd be fine"*

*"I would not have taken the step into studies if it weren't for the Uni4You project"*

**For any enquiries or further information about the Uni4You Project, please contact the team:**

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# Uni4You

**Uni4You offers FREE activities and workshops in your local neighbourhood.**



**An easy way to explore pathways into education, and find out what it's like at Uni.**

Uni4You is a project of The Family Action Centre, University of Newcastle. It is funded by the Federal Governments' Higher Education Participation & Partnerships Programme (HEPPP) through the Centre of Excellence for Equity in Higher Education (CEEHE).



## The Uni4You Project offers assistance and guidance, through a range of workshops and activities, over an eighteen month period.

### Learning Unleashed Workshops

- rediscover your hopes and dreams about learning and education
- unlock your learning potential (or your children's)
- information about different pathways to adult education

### Uni4You Preparation Activities

- explore what Uni is really like, with tours around the Uni, either at Callaghan (Newcastle) or Ourimbah (Central Coast)
- introduce you to academic skills , such as note taking and essay writing
- provide strategies for time management and coping with change in your life
- develop your skills to feel confident about enrolling for any adult education courses

### Uni4You Learning Support Groups

- available during your studies at Newcastle University (Open Foundation, Yapug, Newstep)
- opportunity to meet other people who are studying in your community
- friendly weekly groups run by the Uni4You team
- provides flexible support to assist with broader issues outside of your studies



**All Uni4You activities are free and child-minding is available.**

## Uni4You

**encouraging, supporting and connecting people who are interested in lifelong learning, and the possibility of attending University.**

Tertiary pathway programs allow you to practice academic skills, and gain entry into university.

For more information about tertiary pathway programs at the University of Newcastle, phone the Uni4You team, or visit these websites below:

**Open Foundation:** for people aged 20 years and over

[www.newcastle.edu.au/openfoundation](http://www.newcastle.edu.au/openfoundation)

**Yapug:** for Aboriginal and Torres Strait Islander people aged 18 years and over

[www.newcastle.edu.au/yapug](http://www.newcastle.edu.au/yapug)

**Newstep:** for people aged 18-20 years

[www.newcastle.edu.au/newstep](http://www.newcastle.edu.au/newstep)

Uni4You is designed to support educational equity by fostering engagement in higher education, and strengthening family and community wellbeing.